

Hants County local

celebrating local food, wine, beer & art

learn
taste
view
buy
enjoy!

Saturdays & Sundays 1pm -5pm
Ox Bell Room, O'Brien Building
during the 250th Hants County Exhibition

Saturday September 19th

1:00PM: The folks from Wentworth Creek Farm will show you how to extend the harvest, make a quick mustard pickle, and preserve using a hot water bath.

3:00PM: Chef John Francis from Lucky Italianos will be sharing a recipe highlighting a local product.

Also Saturday: Artist Susan Sweet will be painting on site, and Cam Hartley will be talking about his Schoolhouse beer

Sunday September 20th

1:30PM & 3:00PM: Join Chef Chris Velden for "Chicken 101" Learn how to make the most of a whole local chicken - includes butchery, recipes and a delicious chicken tasting!

Also Sunday: Try Cogmagun Poultry's chicken sausage

Saturday September 26th

1:30 & 3:30PM: Michelle Jodrey owner of Mosaic Market - Health and Local Food and Dr. Adrienne Wood, a local Naturopathic Doctor, present raw food vegetable demos and talk about the health benefits of eating local. *Also Saturday:* Meet Hants County soapmakers from Slice Soapworks, and Alan & Brenda Baily from Meander River Farm will be talking about brewing beer, and growing lavender.

Sunday September 27th

1:00PM: The Curd Girl from Sweetwood Farm makes cheese and brings a variety of cow, goat and sheep milk cheeses to taste.

3:00PM: Chef Kim Martin from D'vine Morsels will make a local, seasonal dish showcasing beef. *Also Sunday:* Meet the folks from Avondale Sky Winery, try Salmontail River Farm sausage made from heritage breeds, and Domenic Padula from Moon Fire Farm will discuss heirloom vegetables, seed diversity and seed sovereignty.

Both Weekends Enjoy Schoolhouse beer, Meander River beer, Sainte - Famille and Avondale Sky wines in the Ox Bell Wine and Beer Garden. And enjoy a show and sale of art celebrating agriculture created by Hants County artists including Susan Sweet, Judy Arsenault, Tacha Reed and Sharon Baldwin.

supported by:



Participants:

