



## Tug-O-War at the 259th Hants County Exhibition

Men's and Women's Preliminary pulls are scheduled in Hants Exhibition Arena for Saturday evening, September 21 and Sunday morning September 22, with finals at 2:00 pm Sunday afternoon. **Closing date for registration is August 28, 2024.** Entries will not be accepted after this date. It should be a great competition! Call (902) 798 -0000 or email [hantscountyex@eastlink.ca](mailto:hantscountyex@eastlink.ca) to register your team.

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## Hants County Exhibition Tug of War Rules

1. Teams consist of ten pullers plus spares and a coach.
2. All teams are to report for weighing-in 1.5 hours prior to competition time. All teams are to be weighed in 30 minutes prior to competition start time or be subjected to disqualification. Weight shown on exhibition scales is final.
3. Weight limits per team:  
Mens teams' maximum weight is 1700 lbs; and  
Womens teams' maximum weight is 1450 lbs.
4. After weigh ins have been completed there are to be no changes of personnel on any team allowed.
5. Time limits per pull:  
Mens' teams have a maximum pull time of 15 minutes; and  
Womens' teams have a maximum pull time of 8 minutes.
6. 1/8" hobnails or flat plates permissible, but not cleats or corks.
7. To win the pull a team must either have the most rope over the center line at the end of the maximum pull time, or one team must pull out the opposing team by having their anchors shoulder touch the wall/board. (If the pull is within 6 inches at the end of the maximum pull time, it is the judges call if overtime is necessary.)
8. In case of a tie at the end of time limit, there will be 5-minute overtime for the men's teams and 2-minute overtime for the women's teams.
9. Hip and/or knee lock will not be allowed.
10. Side swaying of rope to start a team from holding position is prohibited.
11. No part of any persons' body may contact the ground except their feet. The Anchor person may from time to time touch the ground with their hand in order to maintain their balance, however they must not use their hand as a third foot.
12. Each team is only allowed one coach and one waterboy during a pull.
13. The coach and water boy cannot touch the rope for any reason.
14. The judge and referee's decisions will be final and must be abided by.
15. The tactic known as the whip, sudden dropping to the ground violently breaking the back lock of the opposing team while straight holding on the hands, is prohibited.
16. Marking lines will be put down 8 feet apart. All members of teams must keep within the lines or be disqualified.
17. If rope breaks and two pullers or less are over the line, the pull will restart at the beginning. If more than two pullers are over the starting line, then the pull will restart at the breaking point with the same number of pullers over starting line.
18. No team member may put their hands past the center flag on the rope.
19. Teams may not trade pullers once they have already pulled for one team. Exceptions may be made if the opposing team agrees. Teams may not trade pullers once they have already pulled for one team, exceptions may be made if the posing teams agrees.
20. Any violence towards the judge, referees, or between teams will result in automatic disqualification.